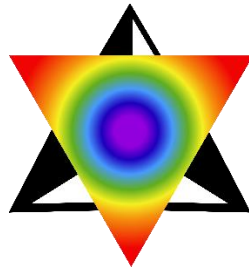


Ray of Divinity



Excuses Be Gone –

As we talked about before in my blogs, enough is enough and what can I change, this blog is just rubbing it in your face...

Let your EXCUSES BE GONE!... just like that.

Some people need to have it via rough and foul language but even the angels among us sometimes must say for f. sake. In all human nature lays the borderline of good and bad, right and wrong and stop and go. We all feel it, we all know it, some of us are even talking about it, but who is doing something about it.

People find so many excuses first until they break down, a nervous breakdown or a physical breakdown or even to the extreme of a mental breakdown.

Excuses seem to be so much better and easier to find as to face the truth.

Yes, you are right, it is terrible hard to get up and face all these mess up situations we brought ourselves into.

Yes, it can hurt painfully and it can cost you tremendous strength to climb the mountains standing strong solid in your way.

But,

And there is a *but* in every one of us,

But is life not worth to claim our rights, is life not colourful and rich and abundant in every way?

Have you forgotten, or why are you finding all these thousands of excuses to stay standing still?

You are like gummi bears stuck in a bowl of jelly, wobbling but not moving in direction of your goals, you are sticky and stiff.

As I said, I am a little in your face right now. But I was in the same situation years ago and nothing was more frightening than to face my fears, to face my own life.

Once I decided to take action I needed help to encourage my courage and it helped me to confront my excuses. Excuses love to get in your way and trip you up, excuses can be so vague and undefinable that you miss them crawling in silently and disturbingly. Awareness is the key and courage to face the excuses. After you detected the disturbing excuses which got in your way to freedom, you need some tools to eliminate them, once and for all.

Excuses BE GONE...

Get stable, confront your excuses, be bold and become the worrier for your own personal freedom, become the fighter for your rights of a joyful life.

Get out of bed, get into your jogging clothes, start eat healthy food, clean up the mess in your marriage, take time for your children, find solutions for your business low, take a holiday right now, see distant lands, gain more knowledge, visit old friends, finish unfinished businesses, get help, drink a cup of your favourite tea....and so on, BUT do yourself the favour and for f. sake DO SOMETHING!

NOW...

Don't let excuses rule your life, don't let excuses put a cage around you, don't let excuses squeeze you lifeless, don't let excuses dampen your existence.